**ADDENDUM**

At the request of Healthcare Georgia Foundation, in July 2018 our workgroups reconvened to revise the action plans set forth in the CHIP. The revisions were made with a renewed focus on how they address health equity, whether there is evidence to suggest that they are effective, and whether their results are measurable in the timeframe of the project. The following action plan will replace the plan that was included in the original CHIP and will be implemented over the next 3-4 years.

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| **Priority Area One: Substance Abuse/ Mental Health Implementation Plan****Goal 1: To increase knowledge about and awareness of the dangers of drug and alcohol abuse in order to decrease health disparities caused by addiction.** |
| **Equity Focus: Drug and alcohol addiction can affect anyone, regardless of age, gender, race, or ethnicity. However, all those who suffer from addiction will inevitably face disparities in health that are directly related to their addiction. By educating our youth and increasing awareness about the dangers of drug and alcohol, we hope to prevent some disparities caused by addiction altogether. For our residents who already battle addiction, we hope to make it easier for them to get assistance by providing a resource guide that offers concise, vetted information related to their treatment options and by supporting local mentoring groups that provide valuable support services.** |
| **Performance Measures : How We Will Know We Are Making a Difference**  |

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| ***Indicators*** | ***Source*** | ***Year*** |
| Students at Elbert County middle and high schools and after-school programs have increased knowledge of the health risks associated with substance abuse. | Pre/Post surveys, focus groups, GA Dept. of Education Health Survey | Years 3-4 |
| Schools and after-school programs will report the use of evidence-based substance abuse prevention programs | Description of programs | Years 2-4 |
| Community members and social service agencies will report increased awareness about substance abuse treatment and mental health services. | Surveys, focus groups | Years 3-4 |
| Local prevention and support services will report strengthened sustainability. | Self-report and financial documentation | Years 3-4 |
| Emergency Room visits that are due to disorders related to drug use will decrease. | Elbert Memorial Hospital data | Years 3-4 |
| The Elbert County Sheriff’s Office will report a decrease in arrests for drug related offenses | Uniform Crime Report | Years 3-4 |
| **Objective 1.1: Support and enhance educational initiatives among youth**  |
| **Strategy 1.1.1: Provide curriculum for after-school programs at area schools (grades K-5) and daycares that focuses on educating our youth about the dangers of drug and alcohol use.** |
| **Action Steps** | **Responsible Entities** | **Time Frame** |
| 1. Identify schools and day cares that would like to participate.2. Identify and purchase curriculum3. Support programs with their after-school activities. | EPH Board | Steps 1-2: Year 1Step 3: Years 1-4 |
| **Priority Area One: Substance Abuse/ Mental Health Implementation Plan****Goal 1: To increase knowledge about and awareness of the dangers of drug and alcohol abuse in order to decrease health disparities caused by addiction****Objective 1.1: Support and enhance educational initiatives among youth** **Strategy 1.1.2: Improve amount and quality of drug education at Elbert County Middle and High Schools** |
| **Action Steps** | **Responsible Entities** | **Time Frame** |
| 1. Confer with administrators at ECMS and ECCHS to secure support for the initiative
2. Use Red Ribbon Week as a focus week for drug education. Include speakers, classroom education, and school-wide activities.
3. Secure motivational speakers and/or organizations to hold programs during Red Ribbon Week and other times throughout the year.
4. Work with ECMS to select and provide evidence-based curriculum for teachers to use in the health segment of science classes in grades 5-8.
 | Elbert County Sheriff’s Office-CHAMPS coordinatorElberton Police DepartmentJail MinistryEPH BoardElbert County Middle SchoolElbert County High School | Step 1: Year 1Step 2: Years 1-4 |
| **Objective 1.2: To support and improve accessibility to information about treatment options, counseling services, and other available resources for people suffering from addiction.****Strategy 1.2.1: Support local substance abuse mentoring programs such as Celebrate Recovery with training, operational, and supply costs** |
| **Action Steps** | **Responsible Entities** | **Time Frame** |
| 1. Identify mentoring programs at work in the community
2. Identify the needs of the programs
3. Work with the programs to meet their needs and enhance their services
 | EPH Board  | Step 1-2:Year 1Step 3: Years 1-4 |
| **Strategy 1.2.2: Develop and disseminate a comprehensive resource guide of programs and services that related to mental health and substance abuse** |
| **Action Steps** | **Responsible Entities** | **Time Frame** |
| 1. Create a list of residential recovery centers, counseling services, and post-treatment homes
2. Research national and state hotline numbers for mental health assistance
3. Develop a brochure containing the information that can be distributed throughout the community
4. Distribute to law enforcement, medical facilities, social service and faith-based organizations, etc., for distribution to those who might need services
 | EPH Board Celebrate RecoveryBarbara Bennet ECCHS classes (development of brochure) | Steps 1-2 :Year 1Step 3: Years 1-4 |
| **Priority Area One: Substance Abuse/ Mental Health Implementation Plan****Goal 1: To increase knowledge about and awareness of the dangers of drug and alcohol abuse in order to decrease health disparities caused by addiction****Objective 1.3: Increase public awareness about support groups and other mental health resources and about the dangers of drug and alcohol use through educational advertisements/programming.****Strategy 1.3.1: Create and implement a public awareness campaign in the community.** |
| **Action Steps** | **Responsible Entities** | **Time Frame** |
| 1. Establish public awareness campaign committee
2. Develop and prepare advertisements, brochures, educational talks etc. to post on:
	1. Social Media, EPH Website
	2. Billboards
	3. ElbertonNet (local cable TV)
	4. The Elberton Star (local newspaper)
	5. WSGC 105.3 (local radio)
	6. Newsletters of local businesses/organizations
3. Disseminate/post flyers at schools, Medical Center, Health Department, EMH, HOPE, SafeHouse and other area businesses and organizations.
 | Public Awareness Campaign CommitteeEPH Board | Step 1: Year 1Step 2: Years 1-4 |
| We will be using the following evidence-based guide:National Institute on Drug Abuse. “Preventing Drug Abuse Among Children and Adolescents: A Research-Based Guide for Parents, Educators, and Community Leaders.” <https://www.drugabuse.gov/sites/default/files/preventingdruguse.pdf> |

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| **Priority Area Two: Nutrition and Wellness Implementation Plan** |
| **Equity Focus: Less than 40% of Elbert County residents are considered of normal weight. Though it is difficult to find local data that identifies one specific group as more obese than others, it is widely accepted that low-wage earners and people who live in poverty are more likely to be obese than higher wage earners. With this in mind, we seek to identify employers in Elbert County whose employees are identified as “low-wage earners” and implement worksite wellness programs tailored to the needs and desires of those employees. The goal of the program will be to increase awareness and understanding of the dangers of obesity and to promote healthy lifestyles using incentive-based programming. Simultaneously, we hope to increase healthy food options for low-income residents by working with the local food resource center (SafeHouse) to identify additional donors and by assisting with monetary needs for food purchases for their clients.** |
| **Goal 1: Improve health outcomes of Elbert County residents by providing worksite education and resources to decrease the incidence of obesity and its related complications.** |
| **Performance Measures : How We Will Know We Are Making a Difference** |
| **Indicator** | **Source** | **Year** |
| The number of employers with work-site wellness programs will increase, as measured by the number of programs at baseline vs. the number of programs in years 2-4. | Reports by local employers, Elbert Granite Association, and Chamber of Commerce | Years 3 & 4 |
| Participants in educational sessions will demonstrate increased knowledge about healthy weight loss methods and local options for physical activity, as measured in pre and post survey. | Locally developed pre/post survey | Years 2-4 |
| Pre and post surveys will indicate that employees who participate in work-site wellness programs have changed behaviors regarding nutritional choices and physical activity. | Locally developed pre/post survey | Years 3 & 4 |
| The County Health Rankings data will indicate improvement of Elbert County’s “Health Behaviors” ranking. | countyhealthrankings.org | Years 3 & 4 |
| **Strategy 1.1: Work with local employers to develop or enhance existing employee wellness.** |
| **Action Steps** | **Responsible Entities** | **Time Frame** |
| 1. Identify employers without an existing worksite wellness program.
2. Select three employers without worksite wellness programs who employ workers who experience health inequities.
3. Determine the educational needs of employees at the three sites by utilizing a modified version of the Wellness Council of America’s Needs & Interest Survey.
4. Based on needs assessment, offer programing and activities to address the employee’s educational needs
5. Promote a campaign highlighting obesity risk factors in wellness programs
6. Explore offering local health fairs or other activities as a way to reduce health apathy and provide educational opportunities
 | Elbert County Government Elbert Granite Association Pinnacle BankPilgrim’s PrideLocal fitness centers Dept. of LaborElbert Co. Public Library Elbert Co. Health Dept. Elberton City Government Elbert Co. Board of Education Elbert Memorial Hospital Chamber of Commerce | Steps 1-4: Year 1Steps 4-6: Years 2-4 |
| **Priority Area Two: Nutrition and Wellness Implementation Plan****Goal 1: Improve health outcomes of Elbert County residents by providing worksite education and resources to decrease the incidence of obesity and its related complications.** |
| **Strategy 1.2: Promote evidence-based practices for losing weight and reducing the incidence of diabetes, cancer, and heart disease though worksite wellness programs.** |
| **Action Steps** | **Responsible Entities** | **Time Frame** |
| 1. Identify a work group member to be a trained National Diabetes Prevention Program facilitator.
2. Determine how to utilize the National Diabetes Prevention Program with local work sites.
3. Build awareness of EC Health Department programs and services to promote weight loss and diabetes prevention
4. Promote Food e-Talk and Food e-Talk Better U online education for low-income individuals/families
5. Explore ways to assist local physicians with patient education related to nutrition and disease
6. Provide cooking schools to teach health eating principles
7. Provide programs for working senior adults and increase their awareness of the Silver Sneakers Program
8. Promote healthy recipes utilizing items on sale at local supermarket; post weekly to EPH website and Back to the Table Campaign
 | EC Health Department Granite City Chiropractic Local fitness centers Medical Center of Elberton UGA Extension/SNAP ED Local UGA Extension Office Wellness CenterEPH Board | Steps 1-8: Years 1-4 |
| **Evidence-Based Practice:** Georgia Department of Public Health. “Work Healthy Georgia Toolkit”.[**http://dph.georgia.gov/sites/dph.georgia.gov/files/related\_files/site\_page/DPH Worksite Health WHGAtoolkit\_8lr9.27.12.pdf**](http://dph.georgia.gov/sites/dph.georgia.gov/files/related_files/site_page/DPH%20Worksite%20Health%20WHGAtoolkit_8lr9.27.12.pdf) |
| **Goal 2: Increase availability of healthy food options for low-income residents of Elbert County.** |
| **Performance Measures: How We Will Know We Are Making a Difference** |
| **Indicators** | **Source** | **Year** |
| Increase in the availability of fresh produce at local food banks and other food distribution sites. | Pounds of fresh produce available before implementation vs. pounds after (locally measured) | Years 2-4 |
| Additional or expanded services added from regional service providers that increase the availability of fresh produce and other healthy food options | # of new or expanded services | Years 2-4 |
| Increased number of food drives conducted | # of new food drives | Years 2-4 |
| Low-income residents are aware of food resource centers and the services they provide | Reported increased utilization of food resource center services. | Years 2-4 |

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| **Priority Area Two: Nutrition and Wellness****Goal 2: Increase availability of healthy food options for low-income residents of Elbert County.** |
| **Strategy 2.1: Increase public awareness of and contributions to local food needs.** |
| **Action Steps** | **Responsible Entities** | **Time Frame** |
| 1. Work with local agencies, churches, and community organizations to build public awareness of the need.
2. Explore services or programs available to Elbert County that are not currently being accessed (ex. Golden Harvest Food Bank & Peach State Health Plan) in order to provide more fresh foods to families in need.
3. Identify local businesses, churches, or organizations who are willing to donate excess foods to local resource centers.
4. Organize a food drive to support local food resource centers.
5. Determine if there are local farmers that abandon fields that could be picked again for food distribution.
6. Develop a list of resource centers, evaluate available food distributions in the county, and look for ways to stretch resources for families in need.
 | SafehouseHOPELocal churchesLocal farmersGolden Harvest Food BankPeach State Health PlanEPH Nutrition & Wellness Work GroupLocal newspaperLocal radio station | Steps 1-6: Years 1-4 |

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| **Priority Area Three: Educational Success and Job Preparedness Implementation Plan****Goal 3.1: To reduce disparities in educational attainment and job preparedness for members of low-income households.** |
| **Equity Focus: Education factors such as academic achievement and high school graduation play a pivotal role in health outcomes. For students who live with the stresses of poverty, succeeding academically can seem daunting and sometimes impossible. By establishing a family coaching program that helps these students navigate not only the academic challenges that they face, but also some of the social and physical stresses, we hope to alter their educational trajectory and ultimately reduce the disparities in health that they would likely face otherwise.** |
| **Performance Measures : How We Will Know We Are Making a Difference**  |

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| ***Indicators*** | ***Source*** | ***Year*** |
| Parents and family-serving organizations report increased awareness of existing academic and social supports. | Surveys, focus groups, utilization of services | Years 2-4 |
| Agencies that provide educational support services will report strengthened sustainability. | Self-report, financial documentation | Years 2-4 |
| Improved collaboration between Elbert Partners for Health, the community and schools will be demonstrated through joint meetings, increased partnerships, and evidence of communications. | Sign-in sheets, self-reporting of partnerships, communication artifacts | Years 3-4 |
|  High school students and community members report increased awareness about existing vocational training opportunities. | Surveys, focus groups, utilization of services | Years 2-4 |
|  Schools will report improved attendance rates. | Attendance records | Years 3 and 4 |
| Schools will report higher academic achievement by students.  | Georgia Milestones Assessment | Year 4 |
| Athens Technical College will report higher attendance rates by Elbert County Residents | ATC enrollment records | Year 3 and 4 |
| Median income and wages will demonstrate increases. | Wage and income data | Outside of the scope of this project. |
| The prevalence of physical illnesses known to be impacted by economic social determinants will decrease. | [www.countyhealthrankings,org](http://www.countyhealthrankings,org) | Outside of the scope of this project.  |
| **Priority Area Three: Educational Success and Job Preparedness Implementation Plan****Goal 3.1: To reduce disparities in educational attainment and job preparedness for members of low-income households.****Strategy 1: Promote existing vocational training programs throughout the community.** |
| **Action Steps** | **Responsible Entities** | **Time Frame** |
| 1. Collect information on existing programs
2. Work with ECCHS to identify effective ways to present information to students and families
3. Develop informational brochures or presentations to disseminate information
4. Educate local aid/relief agencies on vocational training programs, also providing them with materials to distribute
 | ECCHSAthens Technical CollegeHOPEElbert Co. Development AuthorityGranite City Life SkillsEPH Education/Jobs Committee | Steps 1-2: Year 1Steps 3-4: Years 2-4 |
| **Strategy 2: Provide support to students and families of by supporting and enhancing existing community mentoring services.**  |
| **Action Steps** | **Responsible Entities** | **Time Frame** |
| 1. Map education support services that are already available for students and families at Elbert County Primary and Elementary schools.
2. Support and enhance existing programs with funding and resources to continue/expand services.
 | Elbert Co. Primary SchoolElbert Co. Elementary SchoolEPH Education/Jobs CommitteeConcerned Men of Elbert CoGranite City Life SkillsOther currently un-identified community mentor organizations | Step 1: Year 1Step 2: Years 1-4Step 5: Years 2-4 |
| **Strategy 3: Implement a family coaching program for at-risk students in K-3rd grade.** |
| 1. Create work group to work with school system and other community-based groups to develop additional non-academic supports for students and their families (Family Coaching Program).
2. Research best practice and similar existing evidence-based programs that could be replicated when developing the Family Coaching Program (FAST, Check and Connect)
3. Implement Family Coaching Program based on needs assessment and research findings
 | Elbert Co. Primary SchoolElbert Co. Elementary SchoolEPH Education/Jobs CommitteeGranite City Life SkillsOther currently un-identified community organizations | Steps 1-2: Year 1Step 3: Years 2-4 |
| **Examples of evidence-based programs we will be considering:**FAST program: Families and Schools Together <http://www.familiesandschools.org/>Check and Connect <http://www.checkandconnect.umn.edu/> |
| **Evidence to support effectiveness of mentoring program:**Institute of Education Science. National Center for Education Evaluation and Regional Assistance. “Dropout Prevention Practice Guide.” <https://ies.ed.gov/ncee/wwc/Docs/PracticeGuide/dp_pg_090308.pdf#page=23>Wilson, Sandra Jo, Mark Lipsey, Emily Tanner-Smith, Chiunung Huang, Katarzyna T. Steinka-Fry. “Dropout Prevention and Intervention Programs: Effects on School Completion and Dropout among School-aged Children and Youth.” 2011-04-14. <https://www.campbellcollaboration.org/library/dropout-prevention-intervention-programmes.html>Balfanz, Robert and Vaughan Byrnes. “Meeting the Challenge of Combating Chronic Absenteeism:  Impact of the NYC Mayor’s Interagency Task Force on Chronic Absenteeism and School Attendance and Its Implications for Other Cities”. [http://solaris.techlab360.org/sites/default/files/document\_library/NYC-Chronic-Absenteeism-Impact-Report%20(1).pdf](http://solaris.techlab360.org/sites/default/files/document_library/NYC-Chronic-Absenteeism-Impact-Report%20%281%29.pdf) |

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| **Priority Area Four: Public Transportation****Goal 4.1: Increase affordability, availability, and awareness of local transportation services in order to decrease disparities in health outcomes caused by the lack of local transportation options.****Strategy 4.1.1: Improve awareness and usage of local transportation services (Elbert Transpo, Advantage) for transit in and around Elbert County.** |
| **Action Steps** | **Responsible Entities** | **Time Frame** |
| 1. H.O.P.E. (Helping Overcome Poverty in Elbert County) will work with Elbert Transpo to develop a plan whereby grant funds can be used to cover transportation costs on Elbert Transpo for low-income Elbert County residents.
2. Work with Elbert Transpo to increase hours of operation to include some evenings (Ex. Thursday-to offer assistance to Celebrate Recovery participants).
3. Advertise availability of Elbert Transpo at various locations around the county in increase awareness of the service.
4. Provide assistance to Medicaid and Medicare patients for completing necessary paperwork to have transportation included in their insurance coverage.
 | EPH BoardHOPE SafeHouse Resource Center | Step 1: Year 1Step 2: Years 1-4Step 3: Years 1-4 |
| **Equity Focus:** Many health-related services offered within the county cannot be accessed by low-income residents because they do not have reliable transportation. Each of our workgroups identified this as an issue. Elbert County operates a local transportation service, but awareness about its availability is limited, and cost is prohibitive for some. By increasing awareness about the service, making it more affordable for low-income residents, and expanding hours of operation, we can reduce inequities in health caused by the lack of reliable transportation. |